

# PARENTING POWER HOUR

## Presenters:

**Amanda Hemm  
& Sarah Douglas  
Soutiens**

**May 6, 2020**

**8:00 - 9:00 AM**

**ZOOM**



## Join us to learn to:

- Expand your parenting toolbox and try new strategies
- Share ideas and receive take-a-ways that you can implement
  - Deal with a variety of work and family life challenges
- Make connections with other parents and explore parenting questions
- Gain tips and tricks to help you navigate the ins and outs of being a working parent